



The Euell Consulting Group, LLC "Every Body is a Good Body"

The Size Matters Book Club

Join us for a new kind of book club! Size diversity expert and talk show host **Veronica Cook-Euell** will moderate a monthly gathering to discuss *Health at Any Size*, acceptance of body image and self esteem.

All are welcome! Copies of the book will be available at the Goodyear Library-call for yours the month before the meeting.

Tuesdays at 7:00 PM

February 7:

Just the Way You Are: How to be fit and healthy, whatever your size by Steven Jonas

March 14:

Self Esteem Comes In All Sizes: How to be happy and healthy at your natural weight by Carol A Johnson

April 11:

*Abigail's Revenge by Pat Ballard
(A plus size heroine in an exciting new romance)*

May 9:

Bountiful Women: Stop "weighting" and live your life by Bonnie Bernell

June 13:

The Beauty Myth: How images of beauty are used against women by Naomi Wolf

Size Matters Book Club
Goodyear Branch Library
60 Goodyear Blvd
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Check out other great materials at the Akron Library Website:

www.akronlibrary.org